



# **BUDDHISM**

**Authentic  
liberation?  
Or an empty  
promise of  
Nirvana?**

**Nirvana;  
promise of  
or an empty**

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# BUDDHISM

## THE DOGMA OF SUFFERING

The West adopted Buddhism as a secular philosophy, stripping its religious weight and presenting it as a method for inner peace.

This book identifies a logical error in its foundation. It argues that suffering is not the default state of existence, but a secondary biological reaction.

By elevating a consequence into a universal cause, Buddhism builds its doctrine on a misdiagnosis.

Perhaps the “absolute calm” it promises is not enlightenment, but escape.

## **Sample – Chapter 1: THE CULT OF SUFFERING**

The starting point of the entire Buddhist structure rests on a single statement, presented as a fundamental and unavoidable truth: life is suffering. It is not just one of its ideas—it is the idea. It is taught that everything a human being experiences, from birth to death, is permeated by an inherent dissatisfaction, by a deep pain that may vary in intensity but never disappears. This notion is not presented as a possibility or an interpretation, but as the first of its Four Noble Truths, the foundation upon which everything else is built.

But this starting point is, in fact, its fundamental error. Suffering is not the origin of anything. It is always a consequence. No being is born suffering. An organism is born following a biological impulse to exist, to function. A plant seeks light, an animal seeks food. Suffering only appears later, as a reaction to a specific event: an injury, a loss, a threat, or the frustration of an impulse. Confusing a consequence with a cause is a structural flaw, and all of Buddhist thought is built on this mistaken premise. Life is not suffering; life is a process that, at times, produces suffering as a result of failed or unfavorable interactions.

# **Index of Chapters (8)**

## **THE CULT OF SUFFERING**

Critique of suffering as universal origin and truth.

## **RELIGION DISGUISED AS PHILOSOPHY**

Analysis of rituals, hierarchies, and religious control.

## **THE MAN WHO FEARED THE WORLD**

Demystifying Buddha as sage; human reformulation.

## **THE TRAP OF RENUNCIATION**

Argument on annulment of desire as brake on life.

## **NIRVANA: THE PROMISE OF EMPTINESS**

Examination of Nirvana as ambiguous control tool.

## **THE ILLUSION OF CALM**

Critique of calm as mere aesthetic construct.

## **THE DOCTRINE THAT DENIES ITSELF**

Exposure of contradictions between Buddhist branches.

## **THE MASK OF EQUALITY**

Critique of gender inequality and hierarchical system.



FINAL REFLECTION

PROJECTION TO THE YEAR 2050

COMPARATIVE TABLES IN IMAGES

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this book in PDF

The table below is one of  
the 10 to 15 included in the  
complete book, offering  
additional perspectives to  
view the topics from other  
angles.

SYMBOLIC TABLE – IMAGES REINTERPRETED THROUGH NEO-COSMO VIEW

Symbol	Traditional Interpretation	NeoCosmo Reinterpretation
Middle Way	Balance between indulgence & asceticism.	Survival strategy of a traumatized individual.
Renunciation	Path to transcendence.	Existential paralysis — withdrawal from life's game.
Enlightened being (Bodhisattva)	Compassion through delaying Nirvana.	Adaptation for mass appeal — collective salvation narrative.
Monastic robe	Sign of detachment and purity.	Uniform of hierarchy and control structure.

REFLECTIVE TABLE – EVOLUTIONARY PERSPECTIVE ON DETACHMENT

Evolutionary Function	Buddhist View	NeoCosmo Counterpoint
Desire	Source of suffering, to be eliminated.	Survival mechanism; modulate, don't erase.
Emotional bonds	Attachments to be cut.	Foundations of cooperation, love, and resilience.
Curiosity	Desire manifestation, distraction.	Driver of science, art, and discovery.
Ambition	Fuel for ego, to be dissolved.	Source of societal progress and innovation.
Risk-taking	Linked to suffering potential.	Essential for growth and adaptation.